

Coxhoe – Cornforth Circular

4 miles, flat, mostly on old railway lines. Can be muddy but not difficult.

In brief

From Coxhoe Leisure centre, it is one railway line into Cornforth, another railway line through and out of Cornforth, then 1 mile road back into Coxhoe.

In detail

- From Coxhoe Leisure centre, skirt the football pitch and exit on the path in the far corner near the cycle play road (dodging through the metal bars as you leave).
- After a short distance take the turning left onto the old railway line and head left. Vegetation gets quite grown at times here and this will be the muddiest part of the path.
- This takes you under the A1. Cross the main road and keep going on the line.
- At 1.5 miles (2.4km) the line ends and turn left up the hill.
- Soon after (150m) turn left onto the second railway line.
- Follow this past Cornforth, under the A1 again until the second 'tunnel' at 3 miles (4.8km).
- Turn right off this line and climb up to the main road above. This is the Coxhoe to Sedefield road.
- Turn right on this road and head back into Coxhoe, left at the lights in the village and back down to the leisure centre.