

Hardwick 2 laps then around the golf course

5.4 miles, undulating, familiar paths and trails to Harriers. A bit of the parks and also around the golf course.

In brief

A twisty route, from Hardwick Arms, almost two laps around Hardwick Park, around the golf course and back via Hare Hills Lodge.

In detail

- From Hardwick Arms run through East Park to the underpass.
- Do a couple of laps around Hardwick Park, the first one a parkrun lap, the second one cross the Serpentine Bridge to make it a little different and shorter.
- As you come past the hotel on the second lap go through the gate up to the hotel and run around the back of it.
- Take the road behind the hotel (towards the quad bikes) and after about 200 yards take a right turn along that track (3 miles).
- Follow this track north for almost half a mile. It heads out into the golf course and goes over a brow. Woodland appears on your right. At the end of the woodland, just before it opens up, take a right through the trees.
- This is similar to the return section of the Serpentine Race. Follow it through the trees. After about half a mile take a right and keep right on the path back to the hotel (past the kennels).
- At the hotel, take the road up to the main hotel entrance on the A689. Cross the A689 here into East Park.
- Immediately in East Park turn left and follow the path north, parallel with the main road for a third of a mile.
- At the next junction of paths, turn right towards Sedgefield. Go down and up the dip into Hare Hills Lodge.
- Turn right and head back into the village centre along Durham Road.