

## Covid-19 Risk Assessment: Sedgefield Harriers

Date:	Assessed by:	Location :	Review :
20/7//2020	Andrew Featherstone	Urban areas/Netpark/Hardwick Park/Social Running	20/8/20

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Complete
More than 12 athletes turn up	Coach, participants and general public	Prior advice to session regarding numbers	L	Request that those who had not advised of their attendance at session train separately. Where 2 <sup>nd</sup> coach is attending, alternate location for 2 <sup>nd</sup> group to train	L	Andrew Featherstone	Yes 7/7/20 Andrew Featherstone
Athletes get too close to each other	Athletes and their families/housemates	Provided advice & intended training procedure to athletes beforehand on social distancing requirements	M	Bespoke advice sheets produced for different activities. Stagger meeting time or start time for reps, review venue and training procedures, revise if appropriate.	L	Andrew Featherstone	On day and following week Andrew Featherstone
Running into members of public	Athletes and public	Prior sessions advice on safe training and meeting before sessions at both Ceddesfeld and Netpark	M	Change time / location of session in future weeks. Use wide open spaces. Specific advice given to members on bespoke sheets. Avoid busier public areas	L	Andrew Featherstone	On day and following week Andrew Featherstone

Athletes injuring themselves and requiring first aid	Athlete	Warn athletes about any hazards	M	Have supply of core first aid remedies to hand. Carry/use face mask & sanitiser where deemed appropriate	L	Andrew Featherstone	On day and following week Andrew Featherstone
Travel to/from training	Athlete, coach, general public, guardian	Advise travel in separate household groups, arrive by own individual transport, walk or run to/from activity. Avoid/minimise use of public transport.	M	Carry/use face mask where deemed appropriate	L	Andrew Featherstone	Ongoing Andrew Featherstone
Cross-contamination	Athlete, coach, guardian	Be clear that athletes should not train with covid symptoms, and where well and training observe social distancing	M	Keep bags, belongings separate. Only use personal items especially foods & water bottles.	L	Andrew Featherstone	Ongoing Andrew Featherstone
Unable to track and trace in event of cross-contamination	Athlete, coach, guardian	Database of all athlete contact details	M	Take group photograph of participants at each session, for future track and trace if required	L	Andrew Featherstone	Ongoing Andrew Featherstone
Confirmed Infection	Athlete, coach, general public, guardian	Athlete session register used and NHS/PHE informed as necessary for infection control purposes	M	Athlete attendance at sessions recorded for track and trace purposes thus limiting spread	L	Andrew Featherstone	Ongoing Andrew Featherstone

<b>Generic considerations for all clubs in all settings</b>			
<b>HAZARDS</b>	<b>Who might be harmed?</b>	<b>Settings</b> (physical settings & activities)	<b>Considerations for mitigations</b>
Lack of awareness around Covid-19 risk factors and key government/England Athletics/ local guidance for limiting the spread/ transmission of the disease	Think about who might be harmed in each section below. This could include but is not limited to the following individuals or groups: athletes/ runners/parents/ coaches/other volunteers	All settings/ activities	<p>Communications with all members/parents prior to accessing club activities – updated protocols and measures that have been implemented</p> <p>Communication/guidance for key club officers and volunteers to help with compliance</p> <p>Frequency of communication and compliance i.e. disclaimers/permission forms</p> <p>On site signage to re-enforce key messages and protocols</p>
Spreading/ transmission of Covid-19 through contact with disease on a surface	As above	Car parks/entry to a site through a building	<p>Signage</p> <p>Social distancing – Implementation of new protocols for numbers of people attending at the same time/protocols for drop off and collection of young athletes/staggering times/ use of alternative venues</p> <p>Social distancing – Site entry protocols to limit the number of people in a building at any time</p> <p>Payment procedures i.e. no cash</p> <p>Hygiene – hand washing and sanitiser in place/cleaning surfaces on entry points if it is the club's responsibility</p>

<p>Think about who might be harmed in each section below. This could include but is not limited to the following individuals or groups: athletes/runners/parents/coaches/other volunteers</p>	<p>Access to buildings i.e. changing/toilets/first aid etc</p>	<p>Signage is in place and access limited or denied</p> <p>Hand washing and sanitising points in place and visible</p>
	<p>First aid and dealing with minor injuries</p>	<p>Who has access to first aid supplies?</p> <p>Do you have PPE available?</p> <p>What is the threshold for athletes/runners dealing with their own injuries and who decides?</p> <p>Could parents help with young athletes (their own child) if they stay (how does this impact on social distancing measures?)</p> <p>If additional person is involved with an injury in a group setting how does this impact on social distancing measures?</p>
	<p>Emergency procedures and evacuations</p>	<p>How do these need to be amended to ensure all procedures comply with Covid-19 guidance (i.e. if a site evacuation needs to happen can this be done safely to comply with social distancing guidance)?</p>
	<p>Registration/end of training sessions or change over between groups</p>	<p>Signage</p> <p>Social distancing – limit numbers/stagger start end times and leave gaps between sessions</p> <p>Can you safely and accurately log all attendees at each session?</p> <p>Consider additional people at these times if young athletes are involved i.e. parents dropping off and staying</p>



<p><b>Spreading / transmission of COVID-19 through contact with disease on a surface</b></p>	<p>Think about who might be harmed in each section below. This could include but is not limited to the following individuals or groups: athletes/ runners/parents/ coaches/other volunteers</p>	<p>Meeting points</p>	<p>Social distancing – does the meeting point allow appropriate levels of social distancing between club members and between club members and members of the public? If not can you use a different site/different time etc? Signage to warn members of the public Limit numbers attending training sessions</p>
		<p>Changing facilities/ toilets</p>	<p>Limit access to or close these facilities Signage Members attend training in training clothes and go home in the same clothes (get changed in the car)</p>
		<p>Routes</p>	<p>Are all routes free from obstacles that need to be touched i.e. gates/stiles – can routes be changed to avoid these?</p>
<p><b>Spreading / transmission of COVID-19 through air borne transmission of the disease by an infected person</b></p>	<p>As above</p>	<p>Meeting points</p>	<p>See above</p>
		<p>Changing facilities/ toilets</p>	<p>See above</p>
		<p>Routes</p>	<p>Social distancing – can runners maintain the relevant distance between each other? Can they maintain the distance between each other and members of the public? If not consider changing the route and or the time of the session. Consider limiting the number of groups setting off from any one site at the same time.</p>