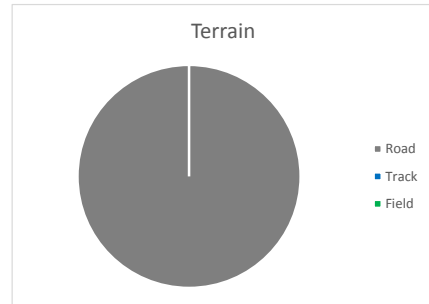
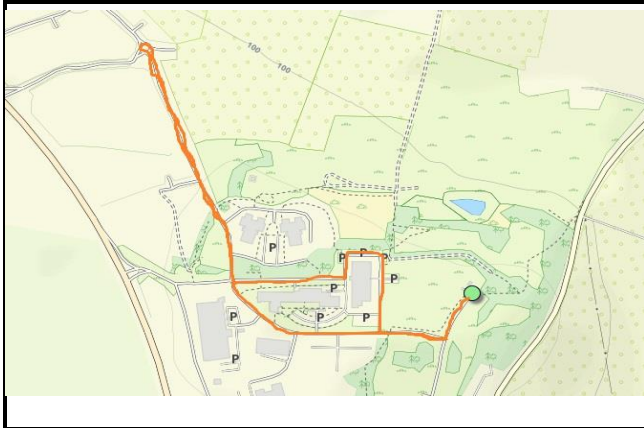


## Netpark (Mad) Mile

Start Netpark

Distance 1.00 miles 1.6 km

Navigation Easy



Downloads  
GPX  
JPEG

### Instructions

- 1 Start at the junction next to the old brick hut.
- 2 Run and turn right onto the main netpark road. Follow this to the little mini roundabout and straight over.
- 3 Run around the big roundabout at the bottom and then back up the hill
- 4 At the mini roundabout take the first exit and up behind the buildings
- 5 At the junction turn left and round the back.
- 6 Keep running back to the start until your watch clocks a mile.