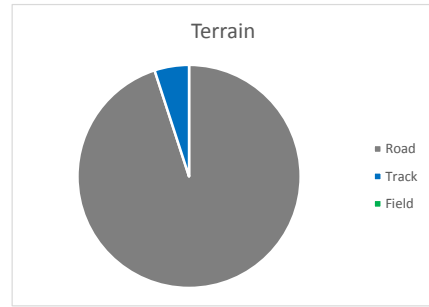
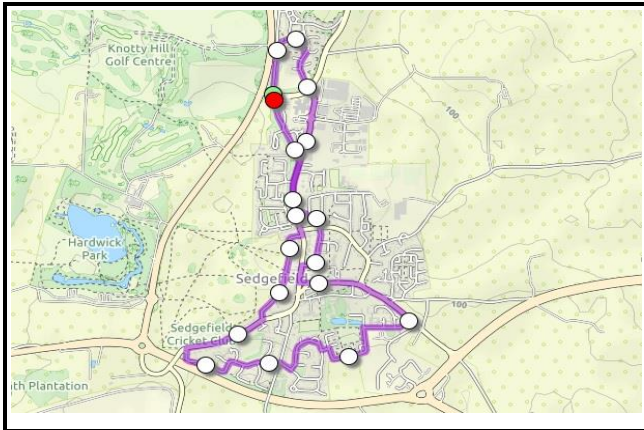


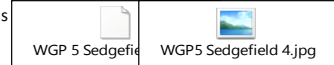
Start West Park Lane

Distance 4.00 miles 6.4 km

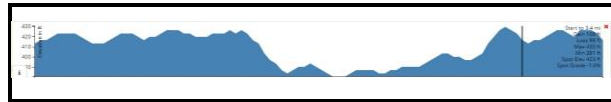
Navigation Easy



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Hazards



Instructions

- 1 Starting at west park lane behind the fire station head south towards station road. Turn right on Station road and along to the cricket club.
2 Turn left onto queens drive and follow the path along to spring lane. Straight over spring lane onto cragside. Turn Left Follow this round the right bend and then turn left onto Eden drive.
3 Follow Eden drive round until you take a right onto Thurlow Road. Follow this to the end and right up the main road into sedgefield. Go through town to the top near Hardwick arms. Turn right onto durham Road and then right again past the post office onto Whitehouse Drive
4 Follow whitehouse drive to the end and across the Lane onto Cherry tree Drive. Take the left junction onto Hawthorne drive and on the right hand corner take the footpath back to durham road. Follow the road up past the new houses and then past Bolams to the roundabout.
5 At the roundabout head down into winterton estate following the cyclepath. In the middle of the estate by the grass turn left onto Turnpike walk down the cyclepath/Footpath.
6 At the far end of the cycle path just before the footpath goes up a sharp rise go through the hedge onto Old durham road and turn left heading back to town. At the end of the road go straight over and down the cut through. Follow this past the gables and onto the muddy path through the trees.
7 Keep heading into town and turn right at the dentists and past the firestation. Follow the road back to the start.