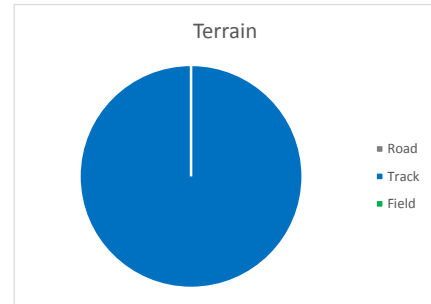
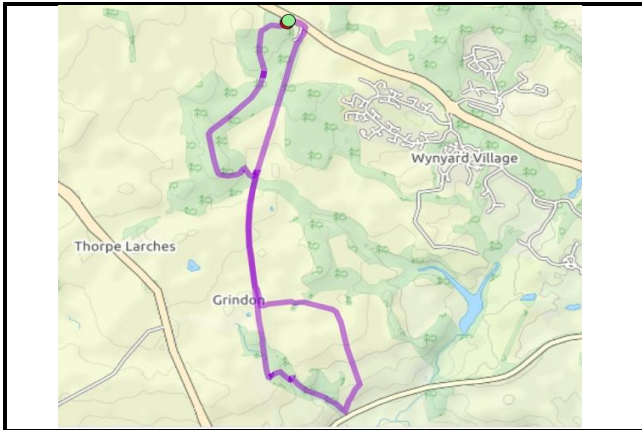


## Wynyard Figure of Eight (FoE)

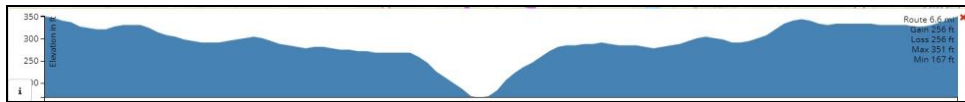
Start A689 Carpark

Distance 6.60 miles 10.6 km

Navigation Medium



Downloads  
GPX  
JPEG



### Instructions

- 1 Start at the Carpark on the A689 and head along the side of the road on the cycle track and up the hill onto the walkway
- 2 Run down the walkway for about 1.8 miles. There is a signpost pointing to the left. Take this exit and follow the farm road along the side of the walkway.
- 3 The road gets to a t-junction turn left away from the walk way and follow the track.  
At the next junction turn right and run down the hill. At the bottom of the hill take a sharp right into the woods. If you have gone as far as the road you have gone too far.
- 4 Follow the path up the woods until you get the chance to turn left over a bridge and then switchback on your self. At the top take the steps down and back onto the walkway
- 5
- 6 Turn right and head back up the walkway. Follow this for just under a mile
- 7 Turn left down the path (Same as the summer GP run), signposted Thierely woods loop, and follow the route all the way back to the car park.