Sedgefield Harriers Winter Handicap

15th January 2023

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| Name | Handicap | Course Time | Club | Comments |
| Chris Ward | 02:00 | 00:49:53 |  | Winner |
| Claire Connor | 02:00 | 00:51:44 | Runfit Hartlepool |  |
| Euan Sparks | 00:00 | 00:55:40 | 0 |  |
| John Graham | 04:00 | 00:51:43 | 0 |  |
| S Thornton | 05:00 | 00:51:23 | Runfit Hartlepool |  |
| Sadie Abel | 15:00 | 00:43:02 | Sedgefield Harriers | Fastest Female, First Female Harrier |
| Matt Dorman | 16:00 | 00:43:20 | 0 |  |
| Paula Bayles | 10:00 | 00:49:52 | Sedgefield Harriers |  |
| Jonathan Wallace | 11:00 | 00:48:55 | Sedgefield Harriers | First Male Harrier |
| Mil Walton | 19:00 | 00:41:20 | Sedgefield Harriers |  |
| Elliot Bareham | 21:00 | 00:39:34 |  | Fastest Male |
| Michael Fawcett | 12:00 | 00:48:52 | Stockton Striders |  |
| Rory Letts | 21:00 | 00:39:54 | Sedgefield Harriers |  |
| Roger Whithill | 20:00 | 00:41:00 | Sedgefield Harriers |  |
| John Haycock | 18:00 | 00:43:12 | Sedgefield Harriers |  |
| Paul Cowell | 08:00 | 00:53:38 | Sedgefield Harriers |  |
| Mandy Harker | 00:00 | 01:01:44 | North East Run Project |  |
| David Walker | 20:00 | 00:41:47 | Sedgefield Harriers |  |
| Gareth Hamblin | 13:00 | 00:48:52 | Acyliffe Running Club |  |
| Justin Cox | 20:00 | 00:41:58 | Sedgefield Harriers |  |
| Ian Burgess | 10:00 | 00:52:26 | Quakers |  |
| Peter Milburn | 18:00 | 00:44:42 | Sedgefield Harriers |  |
| Bethany Raine | 04:00 | 00:58:47 | Sedgefield Harriers |  |
| Blaine Huntington | 17:00 | 00:46:16 | Sedgefield Harriers |  |
| Tasmin Graham | 00:00 | 01:03:41 | North East Run Project |  |
| Chris Lines | 22:00 | 00:42:19 | Sedgefield Harriers |  |
| Lisa Darby | 17:00 | 00:48:09 | Sedgefield Harriers |  |
| Mark Gallon | 00:00 | 01:07:57 | Runfit Hartlepool |  |
| Callum Darby | 21:00 | 00:47:26 | Sedgefield Harriers |  |
| Carl Ridley | 00:00 | 01:11:25 | Runfit Hartlepool |  |
| Anneli Thornton | 00:00 | 01:19:48 | Runfit Hartlepool |  |
| Claire Ridley | 00:00 | 01:22:33 | Runfit Hartlepool |  |
| Graham Darby | 02:00 | DNF | Sedgefield Harriers |  |
| Simon Groom | 04:00 | DNF | 0 |  |