

Race Position	BibNumber	Athlete Category	Athlete Name	Race Time	Club
1	149	M40	David Bentley	00:40:34	Sedgefield Harriers
2	97	MS	Josh Pearson	00:41:52	Crook & Dist Sports AC
3	128	M40	Steven Walker	00:42:18	Hartlepool Burn Road Harriers
4	27	MS	George Craggs	00:43:02	
5	45	M40	Andrew Forbes	00:43:08	Sunderland Strollers
6	142	MS	Ian Bilton	00:43:33	Hartlepool Burn Road Harriers
7	5	M40	Darren Ansbro	00:43:39	Billingham Running Club
8	150	MS	Stuart Ord	00:44:26	Sedgefield Harriers
9	31	M60	Gary Dack	00:45:32	Billingham Running Club
10	130	M40	Milburn Walton	00:45:42	Sedgefield Harriers
11	83	MS	kallum moses	00:46:00	Elvet Striders
12	1	FS	Sadie Abel	00:46:21	Sedgefield Harriers
13	63	M40	Dave Jones	00:46:33	Quakers Running Club
14	147	M40	Martin Turnbull	00:46:44	Aycliffe Running Club
15	153	M40	paul mayhew	00:47:00	
16	37	M40	Rob Dent	00:47:03	Quakers Running Club
17	61	MS	Jack Hutton	00:47:13	Hartlepool Burn Road Harriers
18	79	M40	Nicholas McKnight	00:47:22	Sunderland Strollers
19	102	M40	Chris Pickersgill	00:48:02	Sunderland Strollers
20	19	F45	Wendy Chapman	00:48:03	Sunderland Strollers
21	3	MS	Daniel Anderson	00:48:28	Sunderland Strollers
22	42	M60	Karl Edwards	00:48:35	Hartlepool Burn Road Harriers
23	135	M50	Werner Kamps	00:48:49	Hamminkeln
24	12	MS	Iain Bickerstaff	00:49:00	
25	55	M50	Paul Henry	00:49:15	
26	20	M50	Mark Christie	00:49:37	Sunderland Strollers
27	146	M40	Stuart Park	00:49:45	Sedgefield Harriers
28	28	M50	David Craggs	00:49:56	
29	70	MS	Rory Letts	00:50:03	Sedgefield Harriers
30	119	F35	Kim Stephenson	00:50:12	
31	80	M60	Peter Milburn	00:50:03	Sedgefield Harriers
32	136	M50	Mick Davis	00:50:31	Elvet Striders
33	73	M50	Gareth Maloney	00:50:42	Stockton Striders AC
34	133	F35	Kirsty Wilson	00:50:47	
35	54	M50	John Haycock	00:50:49	Sedgefield Harriers
36	39	M50	Andrew Dobinson	00:51:00	Sunderland Strollers
37	57	M60	Geoff Hewitson	00:51:05	Crook & Dist Sports AC
38	85	M40	Philip Neal	00:51:11	Quakers Running Club
39	48	M50	Rob Gillham	00:51:24	Quakers Running Club
40	36	M40	Steven Dawson	00:51:32	Aycliffe Running Club
41	64	FS	Anna Jordinson	00:51:33	
42	114	MS	Thomas Sahebjam	00:51:41	Sunderland Strollers
43	16	F45	Susan Bowes	00:51:52	Les Croupiers
44	108	M50	ANTONIO RIBEIRO	00:52:06	
45	58	FS	Michelle Houghton	00:52:09	Sunderland Strollers
46	17	M50	Jason Catterall	00:52:01	Durham City Harriers & AC
47	8	M50	Andrew Bell	00:52:31	Sunderland Strollers
48	34	F45	Lisa Darby	00:52:35	Sedgefield Harriers
49	56	FS	Lauren Herkes	00:52:38	Sunderland Strollers
50	66	F35	Hasina Khanom	00:52:42	Sunderland Strollers
51	104	F35	Rachel Pullan	00:52:47	Sunderland Strollers
52	26	M60	Malcolm Cox	00:53:26	Sunderland Strollers
53	90	M50	John O'BOYLE	00:53:03	
54	93	M40	Mark Parnaby	00:53:33	
55	96	M50	Garry Paterson	00:53:37	Low Fell RC

56	14 M50	Dave Blewitt	00:53:58	Aycliffe Running Club
57	35 MS	Callum Darby	00:54:23	Sedgefield Harriers
58	125 MS	Daniel Tatham	00:54:38	Aycliffe Running Club
59	13 MS	DAVID BISHOP	00:54:46	Sunderland Strollers
60	77 FS	Jenna Maynard	00:54:05	Sunderland Strollers
61	112 FS	Anna Riley	00:55:03	
62	67 M40	Paul Leavy	00:55:12	
63	84 M70	David Nalder	00:55:37	Quakers Running Club
64	86 M60	Trevor Needham	00:55:42	Aycliffe Running Club
65	10 M50	Andrew Bennett	00:55:51	
66	29 M40	Paul Cunningham	00:55:56	
67	43 F35	Emma Featherstone	00:56:00	Sedgefield Harriers
68	131 M40	Chris Ward	00:56:12	Sedgefield Harriers
69	71 M50	Paul Lewins	00:57:00	Low Fell RC
70	124 F35	Ashley Summerly	00:57:22	Sunderland Strollers
71	47 FS	Jodie Fowler	00:57:47	
72	148 M40	Sam Rudd	00:57:52	Sedgefield Harriers
73	76 M60	Martin Mavin	00:58:15	Quakers Running Club
74	101 F35	Kayleigh Pickersgill	00:58:21	Sunderland Strollers
75	129 M40	David Wall	00:58:31	
76	132 F35	Nicola Whitman	00:58:33	Saltwell Harriers
77	144 M40	Paul Cowell	00:58:35	Sedgefield Harriers
78	98 MS	Al Pepper	00:58:43	
79	155 F35	Sarah Jayne Gill	00:58:45	Aycliffe Running Club
80	116 M50	Mick Skirving	00:58:48	Hartlepool Burn Road Harriers
81	140 M50	Greg Swinbourne	00:59:00	Hartlepool Burn Road Harriers
82	30 MS	David Curry	00:59:05	
83	24 MS	philip connor	00:59:08	
84	11 F45	Kim Bennett	00:59:02	Elvet Striders
85	103 F45	Kirsty Pound	00:59:31	Sunderland Strollers
86	7 F35	Paula Bayles	00:59:04	Sedgefield Harriers
87	53 M60	Keith Hatton	00:59:58	Aycliffe Running Club
88	74 F45	Anna Mason	01:00:00	Elvet Striders
89	51 M50	KEVIN HALLIWELL	01:00:12	
90	115 FS	Emily Scott	01:01:02	Elvet Striders
91	111 M50	Duncan Riley	01:01:08	
92	95 M50	Richard PARNABY	01:01:18	
93	123 M40	Marc Stubbs	01:01:57	Sunderland Strollers
94	118 F35	Ashley Snowdon	01:01:58	Sunderland Strollers
95	65 F55	Trish Kay	01:02:43	Aycliffe Running Club
96	69 M60	David Lee	01:02:45	
97	68 M50	Alan Lee	01:02:54	Sedgefield Harriers
98	81 F35	Catriona Miller	01:02:56	Sedgefield Harriers
99	137 F45	Claire Earle	01:03:16	Hartlepool Burn Road Harriers
100	139 FS	Amy Atkins	01:03:18	Hartlepool Burn Road Harriers
101	138 M50	Trevor Skeen	01:03:22	
102	32 F55	Sally Dack	01:03:29	Billingham Running Club
103	62 F45	Samantha Inman	01:03:04	
104	4 F35	Julia Ansbro	01:03:43	Stockton Striders AC
105	21 F35	Helen Clark	01:03:45	Quakers Running Club
106	107 M40	Keith Rhowbotham	01:04:07	Sunderland Strollers
107	121 M50	David Stothard	01:04:23	Aycliffe Running Club
108	25 F35	carley Cooper	01:04:31	Aycliffe Running Club
109	113 M50	Lee Robertson	01:05:55	
110	94 F35	Vicki Parnaby	01:06:26	
111	9 F35	Rachel Bellwood	01:06:45	

112	41 M70	Bill Doidge	01:07:01 Low Fell RC
113	152 M40	Michael Swann	01:08:13
114	59 M60	Jean-pierre Hupin	01:08:45 Shildon Running & AC
115	145 FS	Charlotte Franks	01:08:05
116	87 M50	Harvey Neve	01:08:57
117	117 F45	Liz Smedley	01:09:07
118	151 F35	Emma Caswell	01:09:22
119	6 M70	Ron Avery	01:09:25 Sunderland Strollers
120	40 F55	Eve Doe	01:10:34 Aycliffe Running Club
121	75 F55	Karen Mavin	01:12:43 Quakers Running Club
122	22 M50	Andrew Cobby	01:12:55
123	38 F35	Kelly Dickinson	01:13:40 Aycliffe Running Club
124	72 F45	Donna Lowe	01:13:48
125	154 F55	Ellen Dempster	01:14:07
126	109 F45	Helen Rich	01:14:28 Sunderland Strollers
127	33 M50	Graham Darby	01:14:55 Sedgfield Harriers
128	100 F55	Tracey Pickering	01:14:57 Aycliffe Running Club
129	105 F55	Pauline Ranson	01:15:09 Hartlepool Burn Road Harriers
130	18 M70	George Cawkwell	01:15:41 Crook & Dist Sports AC
131	106 F35	Steph Raw	01:15:48
132	46 F45	Mel Foster	01:15:54 Quakers Running Club
133	44 F45	Em Flynn	01:16:00 Aycliffe Running Club
134	88 F45	jo new	01:17:00 Sunderland Strollers
135	89 MS	Lee Nixon	01:17:03
136	122 M50	ian stothard	01:17:22
137	15 F55	Yvonne Blewitt	01:17:29 Aycliffe Running Club
138	52 M70	Viv Hardwick	01:23:33 Quakers Running Club
139	110 FS	Emma Richardson	01:25:17
140	141 F75	Linda Nicholson	01:33:52